

# Bangladeshi foreign friend declared Woman of the Year

Sir Frank Peters



Popular Bangladeshi foreign friend, humanitarian and sportswoman Maria Conceicao made headlines this week throughout Europe when the prestigious GQ Magazine Portugal proclaimed her Woman of the Year.

GQ, one of the most successful men's fashion, culture and lifestyle magazines in the world, broke with tradition and instead of honouring a male with its coveted Man of the Year trophy; the magazine honoured a woman instead.

Those who know Maria and her Godly work will agree she's not only deserving of this award, but many more.

***The noble work of compassionate, self-sacrificing Maria is as inspiring as that of Saint Mother Teresa of Calcutta and, given time, might even merit sainthood.***

Accumulating awards and personal recognition, however, is not her objective in life. Her mission is far more noble and beneficial to mankind.

Maria had travelled to Bangladesh many times as a flight attendant with Emirates Airlines. During her stopover days in Dhaka she visited the slums and poor areas of the city distributing clothes, toys and chocolates to children. (Emirates Airlines, through its Foundation helps the poor and needy worldwide and encourages its personnel to do likewise by providing special bins in Dubai for them to deposit unwanted clothing etc.)

Moved by the poverty she witnessed to heart-breaking point and learning that many slum children didn't attend school because they couldn't afford the school uniform, shoes, books or even a pencil, she decided something needed to be done.

In 2005 she made a life-changing decision and quit her job with Emirates and made her first indelible mark of compassion in Dhaka. With little money, no experience,



*GQ's Woman of the Year 2016, Bangladesh foreign friend and humanitarian Maria Conceicao.*

but a heart full of love, benevolence, and compassion, she founded the 'Maria Cristina Foundation', and under the banner of The Dhaka Project she illuminated the area of Gawair with hope (and her infectious smile).

The non-profit foundation set its goal to improve the quality of the lives of underprivileged

children in slum areas through education, nutritional food, and health and to develop an environment that allows the children to achieve their full potential.

Today it provides free basic education to slum children up to High School level, balanced nutritious food for their physical development;

provides medical support; a counseling service to the children, their families and community at large, and it inculcates faith based moral values for character building.

The foundation has served over 600 children in the slums of Dhaka at Gawair and Dhakkin Khan.

In her efforts to fundraise

and gain needed support for her humanitarian projects, Maria challenged herself once again and transformed herself into a successful sportswoman. She became the first Portuguese woman to climb Mount Everest, she holds three records as a marathon runner and has established six Guinness World Records. She also attempted to

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swim the English Channel, but was forced to abandon her bid due to overpowering tidal currents.

Upon accepting her GQ award, Maria dedicated it to her adoptive mother Maria Cristina (the inspiration behind her Maria Cristina Foundation), to the children of Bangladesh, and to her supporters.

Quoting her mother, she said: "Who feeds six, can feed seven" and it is with this motto that I have managed to educate over 600 children and hope to raise enough funds to put the remaining 131 students through school. This award belongs to our generous supporters, without whom I would not be standing here today."

Maria has proved to the skeptics 'where there's a will, there's a way' and that a single person can make significant

change, if they try. One of her ardent admirers, businessman Rajowl Karim, said: "You cannot change the whole world but you can change someone's world. Maria has mastered changing hundreds".

The noble work of compassionate, self-sacrificing Maria is as inspiring as that of Saint Mother Teresa of Calcutta and, given time, might even merit sainthood.

To learn more about Maria's work, make a donation, or offer other support, please go to: <[www.mariacristinafoundation.org](http://www.mariacristinafoundation.org)>.

*Sir Frank Peters is a former newspaper and magazine publisher and editor, royal goodwill ambassador, humanitarian, human rights activist and a foreign friend of Bangladesh.*